

Milton Keynes

HOLY COMMUNION ZOOM GATHERING

SUNDAY 30 JULY 2023 - 6.00 pm

Welcome

-Rev Ernesto Lozada-Uzuriaga

Let us come together before God, our consoler in distress. Let us come together before God, our hiding place from troubles. Let us come together before God, whose love surrounds us. Let us rejoice in the Lord, our comforter and refuge.

Silence

Gathering Prayer

Loving God, thank you for the wonder of our interconnected universe, sustained and held in being by your love. Tiny seeds nurtured by earth, that grow into great scrubs, sheltering creatures. Barely visible yeast cultures leavening flour for bread. Treasures that make life precious and joyful. Wisdom handed down to us, freshly understood. Your reign breaks in around us in so many ways; help us to see and rejoice. **Amen.**

The Confession

Lord, we confess that the concerns of the world weigh us down. We worry about our needs, our wants, how others perceive us. We are so overwhelmed that we fail to riddle the gold from life's dross. We turn to you, seeking the assurance that your kingdom is with us and among us; help us to discern where it lies, so that we may turn our backs on all else. Grant us the patience to seek you and your ways with the forbearance you show as you wait for us. **Amen.**

Bible Reading

- Romans 8: 26-30

- ²⁶ In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans.
- ²⁷ And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God.
- ²⁸ And we know that in all things God works for the good of those who love him, who have been called according to his purpose.
- ²⁹ For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters.
- ³⁰ And those he predestined, he also called; those he called, he also justified; those he justified, he also glorified.

HOLY COMMUNION

The Thanksgiving

Blessed are you, Lord, God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord, God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become our spiritual drink.

Blessed be God for ever.

The Lord be with you and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

Almighty God, good Father to us all, your face is turned towards your world. In love you gave us Jesus your Son to rescue us from sin and death.

Your Word goes out to call us home to the city where angels sing your praise. We join with them in heaven's song:

Holy, holy, holy Lord, God of power and might, Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

We bless the name of Jesus, bone of our bone, flesh of our flesh whose brokenness and suffering makes love real, who on the night in which he was betrayed took bread, gave thanks, broke it and gave it to his disciples saying, Take, eat. This is my body which is for you. Do this in remembrance of me.

After supper he took the cup saying, drink from this, all of you, this is my blood given for you. Do this whenever you drink it in remembrance of me.

This is the mystery of our faith.

Christ has died, Christ is risen, Christ will come again.

Therefore, as we eat this bread and drink this cup, we acknowledge brokenness as a path to truth. We long for the bread of tomorrow: eternally broken and so able to nourish. We long for the new wine of the kingdom: continuously poured out that thirst may be quenched.

Send your Spirit on us now that by these gifts we may feed on Christ with opened eyes and hearts on fire. May we and all who share this food offer ourselves to live for you and be welcomed at your feast in heaven where all creation worships you, Father, Son and Holy Spirit:

Blessing and honour and glory and power Be yours forever and ever. Amen.

THE LORD'S PRAYER

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

THE COMMUNION

We break this bread to share in the body of Christ.

Though we are many, we are one body, because we all share in one bread. Amen.

After Communion

Loving God, we thank you that you have fed us in this sacrament, united us with Christ, and given us a foretaste of the heavenly banquet in your eternal realm.

Send us out in the power of your Spirit to live and work to your praise and glory, for the sake of Jesus Christ our Lord. **Amen.**

Silence

The Blessing

God be in your head, and in your understanding; God be in your eyes, and in your looking; God be in your mouth, and in my speaking; God be in your heart, and in your thinking; God be at your end, and at your departing. And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you today and always **Amen.**

The Dismissal

Go in peace to love and serve the Lord.

In the name of Christ. Amen